

CHASTAIN HORSE PARK **GENERAL INFORMATION**

4371 Powers Ferry Road, N.E.
Atlanta, Georgia 30327
Phone: (404) 252-4244
Fax: (404) 252-1106
www.chastainhorsepark.org

THERAPEUTIC PROGRAM

Imagine a place where children and adults with disabilities or challenging life situations can experience carefree fun, out-of-doors. Then imagine recommendations by doctors and health professionals for the physical results. Add teacher recommendations because of social and educational rewards, and parent excitement because of emotional benefits. This is Chastain Horse Park!

- Therapeutic Riding
- Equine-assisted Therapies (Physical Therapy, Occupational Therapy)
- Equine-facilitated Mental Health Activities

Because of its adherence to the highest standards in the industry, Chastain Horse Park is designated a "Premier Accredited Center" of the North American Riding for the Handicapped Association, "NARHA." Instructors are certified by NARHA and therapists have completed training through the American Hippotherapy Association. Riders range in age from children as young as two to adults in their senior years. Registration forms may be accessed at www.chastainhorsepark.org.

COMMUNITY OUTREACH

Involvement in the larger community is a hallmark of Chastain Horse Park.

- Sponsored riding lessons for those without opportunity or resources
- Summer camps for local children and children from the inner city
- Field trips for school and community groups
- Birthday Pony Parties
- Daily volunteer opportunities assisting during therapeutic lessons
- Volunteer partnerships with businesses and community groups

Therapeutic Program/Community Outreach/Camps	404-252-4244, ext. 27
Volunteer Program/Orientation Schedule	404-252-4244, ext. 29
Birthday Pony Parties	404-252-4244, ext. 25

EVENT FACILITY

The two-story Rita Anne Rollins Clubhouse features a stunning ballroom with 28-foot ceilings, exposed beams, and balcony overlooking the main jumping arena. A garden room hosts smaller gatherings or pre-event cocktails, with a large balcony and windows to “bring the outdoors in.” One-half of the rental fee is tax-deductible, in support of the horse park’s Therapeutic Programs.

The Ballroom (top level) seats 130 guests or accommodates 200 guests cocktail style.
The Garden Room (main level) seats 30 guests or accommodates 75 guests cocktail style.

Saratoga Hospitality

404-252-4244, ext. 28

SCHOOL LESSON PROGRAM

Chastain Horse Park offers public riding lessons to beginner through advanced level riders, and lesson horse leases for showing or riding as available. To be placed on our lesson list, send an e-mail to lessons@chastainhorsepark.org with your name, age, address, contact information, experience, and lesson time preference.

School Lesson Program

404-252-4244, ext. 24

HORSE BOARDING

- 4 Barns, immaculately kept – we maintain a wait list for stall availability
- 4 Arenas, including a large covered arena and 45,000 square foot jumping arena
- Clubhouse with on-site Tack Shop
- 12 x 12 stalls (dutch doors available)
- Individual turnout paddocks
- Top level instruction available on-site
- Outside instructors permitted under certain conditions

Board includes:

- Feeding and stall care
- Daily turn-out
- Worming
- Blanketing in the winter
- 24-hour on-site management

Horse Boarding

404-252-4244, ext. 34

FUNDRAISING/DONATIONS

404-252-4244, ext. 32



OUR MISSION-

Chastain Horse Park is a non-profit organization providing services for children and adults with disabilities, children-at-risk, and children from the inner city. It is designated as a "Premier Accredited Center" by the North American Riding for the Handicapped Association, "NARHA." NARHA-certified Instructors supervise all riding activities and therapies.

- The program operates seven days per week, year round. Participants ride once a week or more. Children as young as two to adults in their senior years participate in the program.
- Lessons are approximately 45 minutes in length, and provided to a group of four or fewer participants.
- Persons with a variety of health challenges are served, including cerebral palsy, developmental delay, autism, multiple sclerosis, stroke, depression, visual or hearing impairments, sensory integration disorders, learning disabilities, attention deficit disorder, speech disorders, traumatic brain injury, and spinal cord injury.

The Team

- **Instructors** teach *therapeutic riding lessons*. They also oversee Hippotherapy sessions, which are provided by licensed therapists. Instructors are certified as Registered or Advanced Level NARHA instructors. Chastain Horse Park's instructors have been active on a national level, teaching NARHA workshops, presenting at regional and national therapeutic riding conferences, or serving a NARHA committee.
- **Physical and Occupational Therapists** provide *Hippotherapy* sessions. Chastain Horse Park's therapists are "NARHA Registered Therapists", and may also hold NARHA instructor certification. They have completed "Level II" training and supervision through the American Hippotherapy Association.
- Trained **volunteers** lead the horse and walk beside the rider as needed.

Fees

Program services are categorized either as *therapy*, or as *therapeutic riding lessons*.

- **Hippotherapy** is provided by therapists who are independent contractors. Therapists may bill insurance, and require a physician's prescription for Physical or Occupational Therapy. A stable fee is charged, separate from the therapist's treatment fees. Stable fees provide the horse, instructor, volunteers, and equipment for the therapy client. Minimum age: 2 years.
- **Therapeutic riding lessons** are offered at \$50 and up per lesson. Reduced tuition may be available, thanks to the generosity of scholarship donors. Most of Chastain Horse Park's instructors are independent contractors who partner their business operations with Chastain Horse Park. Unlike Hippotherapy, insurance does not typically pay for therapeutic riding lessons, as the lessons are a sport-related activity rather than therapy. A physician or health care provider release signature is required. Minimum age: 4 years.



Hippotherapy Providers

These skilled therapists partner with the horse park's NARHA-certified instructors, horses, and volunteers to serve clients. The therapist may or may not bill insurance for therapy; a separate stable fee provides the horse, instructor, and volunteers for the therapy session. Please contact the providers directly for information on potential openings.

The following Occupational and Physical Therapists have completed specialized "Level II" training through the American Hippotherapy Association:

My Heroes, LLC
Brent Applegate, MPT (Physical Therapist)
678-984-7774
brentapplegate@yahoo.com
Mondays-Thursdays

Bartelme Occupational Therapy Services, Inc.
Carrie Bartelme, MS, OTR/L (Occupational Therapist)
404-409-7099
cbartelme@earthlink.net
Thursdays

Helping Hands, Inc.
Kelli J. Robison, MS, OTR/L (Occupational Therapist)
404.713.3221 * phone * fax 404.794-7065
kelli@hhandsinc.com
website: www.hhandsinc.com
Tuesdays and Fridays

Scholarship Application

Chastain Horse Park is committed to providing life-changing experiences for those who need financial assistance to receive services.

Participant/Rider _____
Name _____ Age _____

Parent or Guardian _____
Name _____

Address _____

Phone _____

- I have significant need. I am applying to submit \$10 per month.
- OR
- I am applying for a partial scholarship. I am applying to submit \$_____ per visit.

Please attach:

1. Documentation demonstrating current income range. Documentation demonstrating significant expenses may also be submitted. (ex. tax return; medical expense statements.)

Salary range:

- \$0-20,000/yr
- \$20,001-40,000/yr
- \$40,001- 60,000/yr
- Above \$60,001/yr

2. Recommendation letter from someone outside the family (teacher, employer, therapist).

3. Letter from parent or guardian about financial need and expected benefits of scholarship, or letter from child about desire to ride.

Scholarship funding will be withdrawn if two "no call/no show" absences occur.

Signature of parent or guardian _____

(For Office Use)

- Participant contribution: _____ per lesson/per month.
Length of scholarship: _____.
Special Requirements: _____.
- Placed on waiting list: Date/time _____.
- Parent/participant notified: Date/time _____.

CHASTAIN HORSE PARK REGISTRATION AND RELEASE FORM
(PLEASE PRINT CLEARLY)

Participant Name: _____ Date of Birth _____ Home Phone: _____

Street: _____ Cell Phone: _____

City: _____ Zip: _____ Work Phone: _____

(Check) I am a... Lesson Student Boarder Parent of Student Volunteer Sitter/Nanny
 Sister/Brother of Student Other: _____

E-mail Address _____

Attendance Information and/or Hours _____

Chastain Horse Park Instructor/Trainer or Therapist Name _____

If Applicable, Parent/Guardian/Caregiver Name: _____ Phone: _____

IN CASE OF EMERGENCY:

Contact Name/Relation: _____ Contact Phone: _____

Contact Name/Relation: _____ Contact Phone: _____

MEDICAL RELEASE:

In case of an emergency, I (check one) [give permission] [do not give permission] to Chastain Horse Park to secure medical treatment including x-ray, anesthetic, medical or surgical diagnosis or treatment and hospital service rendered under the general or specific instructions of any physician or hospital. The undersigned hereby agrees to pay all fees and expenses of doctors, hospitals, ambulances and other medical expenses reasonably and necessarily incurred.

PHOTO RELEASE:

(Check one) [I consent to and authorize] [I do not consent to nor authorize] the use and reproduction by Chastain Horse Park of any and all photographs and any other audio visual materials taken of me for promotional material, educational activities, exhibitions or for any other use for the benefit of the program.

LIABILITY RELEASE:

I acknowledge the risks and potential risks of a horseback riding program, including risk of bodily injury or death resulting from kicks and bites, falling off horses or horse falling on rider, being dragged by a foot caught in the stirrups, being thrown by horse, equipment failure or collision with horses or vehicles or other inanimate objects. However, I feel the possible benefits to my family or the child I care for are greater than the risk assumed. I hereby, intending to be legally bound for myself, my heirs and assigns, executors or administrators, waive and release forever all claims for damages against Chastain Horse Park, its board of directors, instructors, therapists, volunteers and/or Employees for any and all injuries and/or losses I may sustain as a result of use of Chastain Horse Park property, equipment, or facilities.

WARNING: Under Georgia law, an equine activity sponsor or equine professional is not liable for an injury to or the death of a participant in equine activities resulting from the inherent risks of equine activities, pursuant to Chapter 12 of Title 4 of the Official Code of Georgia Annotated.

I HAVE READ THE ABOVE RELEASES AND GIVE EMERGENCY MEDICAL, PHOTO, and LIABILITY CONSENT AS INDICATED ABOVE:

Signature: _____ Date _____

Print Name: _____

IF YOU ARE UNDER 18 YEARS OF AGE, YOUR PARENT OR GUARDIAN MUST SIGN THIS FORM
BEFORE YOU RIDE OR WORK AROUND HORSES.

MAIL TO: 4371 Powers Ferry Road Atlanta GA 30327 OR FAX TO: 404-252-1106. If onsite, place in brass drop box beside the Clubhouse's front door.



**CHASTAIN HORSE PARK THERAPEUTIC PROGRAM
MEDICAL HISTORY/RELEASE**

Name _____ Date of Birth _____
Parent/Guardian _____ Phone _____
Health Challenge/Disability _____ Weight _____
Diagnosis _____ Date of Onset _____

****FOR PERSONS WITH DOWN SYNDROME:**
Cervical x-ray for Atlanto-axial instability: Date _____ positive _____ negative _____

Last Tetanus Immunization: Date _____ Seizures: ___no ___yes: Type/describe _____
Medications _____ Allergies _____
Past surgery _____
Mobility: Independent ambulation Crutches Braces Wheelchair Other _____

<u>AREA</u>	<u>PROBLEM DESCRIPTION</u>	<u>NONE</u>
Auditory _____	_____	_____
Visual _____	_____	_____
Speech _____	_____	_____
Cardiac/Circulatory _____	_____	_____
Respiratory _____	_____	_____
Neurological _____	_____	_____
Vestibular _____	_____	_____
Orthopedic _____	_____	_____
Learning Disability _____	_____	_____
Mental/Psychiatric/Emotional _____	_____	_____
Other _____	_____	_____
Please indicate any special precautions _____		

FOR HEALTH CARE PROVIDER:
Given the above diagnosis and medical information, this person is not medically precluded from participation in supervised equestrian activities. I understand that the center will weigh the medical information given against the existing precautions and contraindications. Therefore, I refer this person to the center for ongoing evaluation to determine eligibility for participation.

Signature _____ MD PA NP Other Date _____
(Please attach prescription for physical therapy if applying for Hippotherapy services)

Name(Print) _____ Phone _____

Address _____ City _____ State _____ Zip _____

Comments _____

PLEASE RETURN THIS MEDICAL HISTORY/RELEASE TO:
Chastain Horse Park Therapeutic Program
4371 Powers Ferry Road
Atlanta, GA 30327 Ph. 404-252-4244 ext. 27
OR FAX TO 404-252-1106

CHASTAIN HORSE PARK THERAPEUTIC PROGRAM PARTICIPANT PROFILE

Your therapeutic team will review the following information to develop your plan with you. Please complete and return to Chastain Horse Park with registration materials.

Name _____ Age _____ Date _____

Please indicate preference: Therapeutic Riding (Sport/Recreation)
 Hippotherapy (therapy provided by OT or PT)
 Mental Health Services (provided by licensed therapist)
Therapist's name: _____ (if determined)

Previous Riding Experience: Therapeutic _____

Recreational _____

Health Challenge/Disability _____

Posture (Head and trunk control) _____

Leg Abduction (Ability to spread legs apart on horse) _____

Balance _____

Coordination _____

Behavior/Attitude _____

Perceptual Problems _____

Communication Problems _____

Mental Ability _____

Precautions and/or Restrictions for riding:

Suggestions:

Preferred times for lessons:

Availability: W/D before 2p W/D after 3p
Saturday before 2p Saturday after 3p Sunday before 2p

CHASTAIN HORSE PARK THERAPEUTIC PROGRAM PARTICIPANT AGREEMENT

We are pleased to offer you the invitation to join with us at Chastain Horse Park, where horses increase the health and happiness of their riders. Our instructors, therapists, and volunteers will strive to make your hours at Chastain a pleasurable, meaningful experience that benefits your mind, body, and spirit.

Please read the following carefully before you sign:

General Information

Your sessions will include unmounted time with the horse, to familiarize you with your surroundings and your horse. Stable activities are scheduled at regular intervals to provide a well-rounded experience for our participants, and will be offered during very hot, cold, or inclement weather. Sessions are forty-five minutes in length, starting on the hour, and usually serve a small group of riders. An average lesson may involve 30 minutes of riding and 15 minutes of unmounted activities.

If you are late, and other riders in your group are already in the arena, you may watch, but will not be able to participate. You may choose to stay to watch the riding activity; please be courteous and save conversation with your child or staff until afterwards, to avoid distracting the staff or riders. Children must be directly supervised by an adult, for their own safety and the safety of our riders. Children should not run or to play upon the equipment, or next to the arena fence line. Children and accompanying adults should sit on the benches in the viewing area. Dogs must be leashed and are not allowed in the barns.

Each rider must wear a helmet during a lesson. We offer a helmet for use the first two months; after that time, please purchase one (available at on-grounds tack shop). We suggest hard-soled boots with a heel rather than tennis shoes, to provide ankle support and better placement of the foot in the stirrup. We suggest each rider bring a water bottle, also, and layer clothing for changes in temperature.

DO NOT bring food for the horses – their usefulness for the program depends on you following this rule. Feeding them encourages horses to nibble or even bite our riders and volunteers.

Cancellations/Payment

As a courtesy, please call your instructor or therapist in as far in advance as possible when you will not be able to show up for a lesson. Do not call the Chastain office; your instructor or therapist will give you a personal number to call. In the case of severe weather, the program's lesson information at 404-252-4244, ext. 50 may include a message about cancellations. (It will not allow you to leave a message.)

Chastain Horse Park partners with various independent contractors to provide services, so fees and cancellation policies may vary. However, your enrollment obligates you to pay in advance for the upcoming month, and reserves your time slot each week. Late fees may be instituted if payments are received after the stated deadlines. If you drop enrollment for a period of time, your slot may be offered to another participant, unless you continue payments to retain the time slot during your absence. Fees may be credited if an instructor is unavailable due to illness or an unforeseen circumstance, but are not reimbursed in the event of participant cancellation. If you have an extenuating circumstance such as an unexpected health emergency, death in the family, or family crisis, reimbursements or credits may be negotiated with the independent instructor or Chastain Horse Park office.

Fees are paid either to Chastain Horse Park, or to your instructor's business. Some independent instructors accept or require credit card payments; at this time the Chastain Horse Park office does not accept credit card payments. Checks to Chastain Horse Park are to be handed directly to the instructor prior to the first lesson and by the first of the month in following months; do not send checks to the office. If paying by check, write "Therapeutic Program" or "TP" on the memo line of your check to ensure your account is credited correctly. Chastain Horse Park assesses a \$31 fee for returned checks.

I have read the information above and agree to abide by the above policies:

(Participant or parent/guardian if under the age of eighteen)

Written agreements can seem cold and impersonal, but we at Chastain's Therapeutic Program are not. Our policies help to keep our riders safe, our costs down, and the quality of our program up. We are thankful for the privilege of working with you, and look forward to getting to know you - you are very important to us!

Chastain Horse Park Directions

FROM NORTH of ATLANTA:

Traveling I-85 South: Take **I-285 West** (Chattanooga/Birmingham). Then take **Roswell Road** and follow directions below.

Traveling on north section of I-285: Take the **Roswell Road** exit, heading south of the I-285 perimeter at the end of the exit ramp. Stay on Roswell Road approximately 3 miles, then take a right on **West Wieuca Road** (at Avril's Car Wash). Stay on West Wieuca Road until it dead-ends into **Powers Ferry Road**, then turn right onto Powers Ferry. You will see our clubhouse on the right; drive past the arena and clubhouse to our drive and parking lot in front of the Chastain Horse Park clubhouse, #4371 Powers Ferry Road.

Traveling 400 South (toll road): Take **Lenox Road** exit. At end of exit ramp, turn right. At 2nd stoplight, turn right onto **Piedmont Rd** (237). Turn right onto **Roswell Rd** (9/19). Look for **Powers Ferry Road** almost immediately on left. Take Powers Ferry Road. Go straight through the three way stop at West Wieuca (you will see Horse Park Clubhouse and jumping arena on right past the stop); drive past the arena and clubhouse to our drive and parking lot in front of the Chastain Horse Park clubhouse, #4371 Powers Ferry Road.

Traveling I-75 South: Take the **West Paces Ferry Road** exit. At the bottom of the ramp, turn left, staying in the middle lane. Continue on West Paces Ferry, then take a left onto **Northside Drive**. Continue on Northside Drive, then take a right onto **Hillside Drive**. This is a residential neighborhood. Follow Hillside Drive until it dead ends into Powers Ferry Road, then turn left on **Powers Ferry Road** and go through the three way stop. You will see our Clubhouse on the right. Drive past the clubhouse and arena, and turn into the parking lot on the right at 4371 Powers Ferry Road.

FROM SOUTH of ATLANTA

Traveling I-75/85North:

Take **I-75North** when interstate splits. Take exit 256 at **Mount Paran Rd**, exiting to right at end of ramp. This is a residential neighborhood. Go approximately 2 miles east on Mount Paran. (Cross through 2 stop lights). Cross through first stop sign at intersection with Northside. At 2nd stop sign, turn right onto **Jett Road**. Follow Jett Road until the road stops. Cross street into our parking lot in front of the Chastain Horse Park clubhouse.

OR

Take the **GA-400 N** exit, exit number 87. Then take the **GA-141/LENOX RD** exit, exit number 2, towards Buckhead. Keep left at the fork in the ramp. Merge onto GA-141 Conn /Lenox Rd NE to the left. At "dead end" light, turn right onto Piedmont Rd NE/GA-237. Turn right onto Roswell Rd /US-19/GA-9. Look for Powers Ferry Rd almost immediately on left, and turn left. Follow Powers Ferry Road through the three way stop. You will see our Clubhouse on the right. Drive past the clubhouse and arena, and turn into the parking lot on the right at 4371 Powers Ferry Road.

For "mapquest" directions door-to-door from your address, go to www.chastainhorsepark.org and click on the "contact us" tab.