



CHASTAIN HORSE PARK **GENERAL INFORMATION**

4371 Powers Ferry Road, N.E.
Atlanta, Georgia 30327
Phone: (404) 252-4244
Fax: (404) 252-1106
www.chastainhorsepark.org

EQUINE ASSISTED ACTIVITIES AND THERAPIES

Imagine a place where children and adults with disabilities or challenging life situations can experience carefree fun, out-of-doors. Then imagine recommendations by doctors and health professionals for the physical results. Add teacher recommendations because of social and educational rewards, and parent excitement because of emotional benefits. This is Chastain Horse Park!

- Therapeutic Riding Lessons
- Hippotherapy: Equine-assisted Physical Therapy and Occupational Therapy
- Equine-facilitated Mental Health Activities and Therapies
- Equine-facilitated Learning programs for school students
- "NARHA Horses for Heroes" activities for injured servicemen and women, and their families

Because of its adherence to the highest standards in the industry, Chastain Horse Park is designated a "NARHA Premier Accredited Center." Instructors hold one or more certifications, and therapists have completed training through the American Hippotherapy Association. Riders range in age from children as young as two to adults in their senior years. Registration forms may be accessed at www.chastainhorsepark.org, or e-mail lessons@chastainhorsepark.org.

COMMUNITY OUTREACH

Involvement in the larger community is a hallmark of Chastain Horse Park.

- Sponsored riding lessons for those without opportunity or resources
- Summer camps for children from the inner city and local children
- Field trips for school and community groups
- Birthday Pony Parties and Pony Rides
- Daily volunteer opportunities assisting during therapeutic lessons and Hippotherapy
- Volunteer partnerships with businesses and community groups

Therapeutic Program/Community Outreach/Camps	404-252-4244, ext. 27
Volunteer Program/Orientation Schedule	404-252-4244, ext. 29
Birthday Pony Parties and Pony Rides	404-252-4244, ext. 25

EVENT FACILITY

The two-story Rita Anne Rollins Clubhouse features a stunning ballroom with 28-foot ceilings, exposed beams, and balcony overlooking the main jumping arena. A garden room hosts smaller gatherings or pre-event cocktails, with a large balcony and windows to “bring the outdoors in.” One-half of the rental fee is tax-deductible, in support of the horse park’s Therapeutic Programs.

The Ballroom (top level) seats 130 guests or accommodates 200 guests cocktail style.
The Garden Room (main level) seats 30 guests or accommodates 75 guests cocktail style.

Saratoga Hospitality	404-252-4244, ext. 28
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HUNTER EQUITATION/“SCHOOL” LESSON PROGRAM

Chastain Horse Park offers public riding lessons to beginner through advanced level riders, and lesson horse leases for show or pleasure riding as available. To have your information distributed to potential instructors, send an e-mail to lessons@chastainhorsepark.org with your name, age, address, contact information, experience, and lesson time preference.

School Lesson Program	404-252-4244, ext. 24
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HORSE BOARDING

- 4 Barns, immaculately kept – stalls available
- 4 Arenas, including a large covered arena and 45,000 square foot jumping arena
- 12 x 12 stalls (dutch doors available)
- Individual turnout paddocks, with options for trailering to offsite pastures
- Top level instruction available on-site, outside trainers welcome
- Local and A shows

Board includes:

- Feeding and stall care
- Daily turn-out
- Worming
- Blanketing in the winter
- 24-hour on-site management

Horse Boarding	404-252-4244, ext. 34
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*CHASTAIN HORSE PARK IS AN IRS CERTIFIED 501(c)3 ORGANIZATION.
YOUR CONTRIBUTION IS 100% TAX-DEDUCTIBLE. INDIVIDUAL AND CORPORATE
DONATIONS ENABLE US TO OFFER STUDENTS SCHOLARSHIPS AND THE CHANCE TO
LIVE A DREAM.*

FUNDRAISING/DONATIONS	404-252-4244, ext. 32
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OUR MISSION-

Chastain Horse Park is a non-profit organization providing services for children and adults with disabilities, children-at-risk, and children from the inner city. It is designated as a "NARHA Premier Accredited Center." NARHA-certified Instructors supervise riding activities and therapies.

- The program operates seven days per week, year round. Participants ride once a week or more. Children as young as two to adults in their senior years participate in the program.
- Lessons are approximately 45 minutes in length, and provided to a group of four or fewer participants.
- Persons with a variety of health challenges are served, including cerebral palsy, developmental delay, autism, multiple sclerosis, stroke, depression, visual or hearing impairments, sensory integration disorders, learning disabilities, attention deficit disorder, speech disorders, traumatic brain injury, and spinal cord injury.

The Team

- **Instructors** teach *therapeutic riding lessons*. They also oversee Hippotherapy sessions, which are provided by licensed therapists. Instructors are certified as Registered or Advanced Level NARHA instructors. Chastain Horse Park's instructors have been active on a national level, teaching NARHA workshops, presenting at regional and national conferences, or serving a NARHA committee.
- **Physical and Occupational Therapists** provide *Hippotherapy* sessions. Chastain Horse Park's Hippotherapy providers have completed specialized training and supervision through the American Hippotherapy Association. Psychotherapists offer Equine-facilitated Psychotherapy.
- Trained **volunteers** lead the horse and walk beside the rider as needed.

Fees

Program services are categorized either as *therapy*, or as *therapeutic riding lessons*.

- **Hippotherapy** is provided by therapists who are independent contractors. Therapists may bill insurance, and require a physician's prescription for Physical or Occupational Therapy. Psychotherapists offer Equine-facilitated Psychotherapy. A stable fee is charged, separately from the therapist's treatment fees. Stable fees provide the horse, certified instructor, volunteers, and equipment for the therapy client. Minimum age: 2 years.
- **Therapeutic riding lessons** are offered at \$50 and up per lesson. Most of Chastain Horse Park's instructors are independent contractors who partner their business operations with Chastain Horse Park. Unlike Hippotherapy, insurance does not typically pay for therapeutic riding lessons, as the lessons are a sport-related activity rather than therapy. A physician or health care provider release signature is required. Minimum age: 4 years.

Reduced tuition may be available for Therapeutic Riding lessons, thanks to the generosity of scholarship donors.



Hippotherapy Providers

These skilled therapists partner with the horse park's NARHA-certified instructors, horses, and volunteers to serve clients. The therapist may or may not bill insurance for therapy; a separate stable fee provides the horse, instructor, and volunteers for the therapy session. Please contact the providers directly for information on potential openings.

The following therapists have completed specialized training through the American Hippotherapy Association:

My Heroes, LLC
Brent Applegate, MPT (Physical Therapist)
Eddie Fagan, MPT
678-984-7774
brentapplegate@yahoo.com
Tuesdays- Sundays

Bartelme Occupational Therapy Services, Inc.
Carrie Bartelme, MS, OTR/L (Occupational Therapist)
404-409-7099
cbartelme@earthlink.net
Thursdays

Equine-Facilitated Psychotherapy Provider:

Pat Higginbotham, RPT-S, LPC, LMFT
Play Therapist specializing in children's disorders.
404-543-4192 or pathigg@bellsouth.net. www.pathigginbotham.com.



Scholarship Application

Chastain Horse Park is committed to providing life-changing experiences for those who need financial assistance to receive services. Scholarship funding applies to Therapeutic Riding lessons. It does not apply to stable fees for services from therapists (Hippotherapy or Equine-facilitated Psychotherapy.)

Participant/Rider _____
Name _____ Age _____

Parent or Guardian _____
Name _____

Address _____

Phone _____

- I have significant need. I am applying to submit \$10 per month.
OR
 I am applying for a partial scholarship. I am applying to submit \$_____ per visit.

Please attach:

1. Documentation demonstrating current income range. Documentation demonstrating significant expenses may also be submitted. (ex. tax return; medical expense statements.)

Salary range:

- \$0-20,000/yr \$20,001-40,000/yr \$40,001- 60,000/yr Above \$60,001/yr

2. Recommendation letter from someone outside the family (teacher, employer, therapist).

3. Letter from parent or guardian about financial need and expected benefits of scholarship, or letter from child about desire to ride.

Scholarship funding will be withdrawn if two "no call/no show" absences occur.

Signature of parent or guardian _____

(For Office Use)

- Participant contribution: _____ per lesson/per month.
Length of scholarship: _____.
Special Requirements: _____.
 Placed on waiting list: Date/time _____.
 Parent/participant notified: Date/time _____.

CHASTAIN HORSE PARK REGISTRATION AND RELEASE FORM
(PLEASE PRINT CLEARLY)

Participant Name: _____ Date of Birth _____ Home Phone: _____

Street: _____ Cell Phone: _____

City: _____ Zip: _____ Work Phone: _____

(Check) The above is a... Lesson Student Boarder Parent of Student Volunteer Sitter/Nanny
 Sister/Brother of Student Other: _____

E-mail Address _____

Attendance Information and/or Hours _____

Chastain Horse Park Instructor/Trainer or Therapist Name _____

If Applicable, Parent/Guardian/Caregiver Name: _____ Phone: _____

IN CASE OF EMERGENCY:

Contact Name/Relation: _____ Contact Phone: _____

Contact Name/Relation: _____ Contact Phone: _____

MEDICAL RELEASE:

In case of an emergency, I (check one) [give permission] [do not give permission] to Chastain Horse Park to secure medical treatment including x-ray, anesthetic, medical or surgical diagnosis or treatment and hospital service rendered under the general or specific instructions of any physician or hospital. The undersigned hereby agrees to pay all fees and expenses of doctors, hospitals, ambulances and other medical expenses reasonably and necessarily incurred.

PHOTO RELEASE:

(Check one) [I consent to and authorize] [I do not consent to nor authorize] the use and reproduction by Chastain Horse Park of any and all photographs and any other audio visual materials taken of me for promotional material, educational activities, exhibitions or for any other use for the benefit of the program.

LIABILITY RELEASE:

I acknowledge the risks and potential risks of a horseback riding program, including risk of bodily injury or death resulting from kicks and bites, falling off horses or horse falling on rider, being dragged by a foot caught in the stirrups, being thrown by horse, equipment failure or collision with horses or vehicles or other inanimate objects. However, I feel the possible benefits to my family or the child I care for are greater than the risk assumed. I hereby, intending to be legally bound for myself, my heirs and assigns, executors or administrators, waive and release forever all claims for damages against Chastain Horse Park, its board of directors, instructors, therapists, volunteers and/or Employees for any and all injuries and/or losses I may sustain as a result of use of Chastain Horse Park property, equipment, or facilities.

WARNING: Under Georgia law, an equine activity sponsor or equine professional is not liable for an injury to or the death of a participant in equine activities resulting from the inherent risks of equine activities, pursuant to Chapter 12 of Title 4 of the Official Code of Georgia Annotated.

I HAVE READ THE ABOVE RELEASES AND GIVE EMERGENCY MEDICAL, PHOTO, and LIABILITY CONSENT AS INDICATED ABOVE:

Signature: _____ Date _____

Print Name: _____

IF YOU ARE UNDER 18 YEARS OF AGE, YOUR PARENT OR GUARDIAN MUST SIGN THIS FORM

MAIL TO: 4371 Powers Ferry Road Atlanta GA 30327 **OR FAX TO:** 404-252-1106. **If onsite,** place in brass drop box beside the Clubhouse's front door.



**MEDICAL HISTORY/RELEASE
CHASTAIN HORSE PARK**

Participant Name _____ Date of Birth _____
Health Issue(s) _____ Weight _____
Diagnosis, if applicable _____ Date of Onset _____

****FOR PERSONS WITH DOWN SYNDROME:**
Cervical x-ray for Atlanto-axial instability: Date _____ positive _____ negative _____

Tetanus Immunization: Date _____ Seizures: ___no ___yes: Type/describe _____
Medications _____ Allergies _____
Past surgery _____
Mobility: Independent ambulation Crutches Braces Wheelchair Other _____

<u>AREA</u>	<u>DESCRIPTION</u>	<u>or</u>	<u>NONE</u>
Hearing	_____		_____
Vision	_____		_____
Speech	_____		_____
Cardiac/Circulatory	_____		_____
Respiratory	_____		_____
Neurological	_____		_____
Balance/Coordination	_____		_____
Orthopedic	_____		_____
Cognitive/Learning	_____		_____
Behavioral/Emotional/Social	_____		_____
Other	_____		_____
Please indicate any special precautions _____			

Parent/Guardian Signature _____ Date _____

Those with disabilities or current health issues are requested to have a health care provider complete the following:

FOR HEALTH CARE PROVIDER:

Given the above information, this person is not medically precluded from participating in supervised equestrian activities at Chastain Horse Park.

Signature _____ MD PA NP Other Date _____
(Please attach prescription for Physical, Occupational, or Speech Therapy if applying for Hippotherapy services)

Name(Print) _____ Phone _____

Address _____ City _____ State _____ Zip _____

Comments _____

Thank you for your assistance with this application.

PLEASE RETURN TO:
Chastain Horse Park
4371 Powers Ferry Road
Atlanta, GA 30327 Ph. 404-252-4244 ext. 27
OR FAX TO 404-252-1106 CHASTAIN HORSE PARK – A PREMIER ACCREDITED CENTER



CHASTAIN HORSE PARK PARTICIPANT PROFILE

Your therapeutic team will review the following information to develop your plan with you. Please complete and return to Chastain Horse Park with registration materials.

Name _____ Age _____ Date _____

Please indicate preference: Therapeutic Riding (Sport/Recreation)
 Hippotherapy (therapy provided by OT, PT)
 Mental Health Services (provided by licensed therapist)
Therapist's name: _____ (if determined)

Previous Riding Experience: Therapeutic _____
Recreational _____

Health Challenge/Disability _____

Posture (Head and trunk control) _____

Leg Abduction (Ability to spread legs apart on horse) _____

Balance _____

Coordination _____

Behavior/Attitude _____

Perceptual Problems _____

Communication Problems _____

Mental Ability _____

Precautions and/or Restrictions for riding:

Suggestions:

Preferred times for lessons:

Availability: Weekday before 2p Weekday after 3p
Saturday before 2p Saturday after 3p Sunday before 2p Sunday after 3p



CHASTAIN HORSE PARK THERAPEUTIC PROGRAM PARTICIPANT AGREEMENT

We are pleased to offer you the invitation to join with us at Chastain Horse Park, where horses increase the health and happiness of their riders. Our instructors, therapists, and volunteers will strive to make your hours at Chastain a pleasurable, meaningful experience that benefits your mind, body, and spirit.

Please read the following carefully before you sign:

General Information

Your sessions will include unmounted time with the horse, to familiarize you with your surroundings and your horse. Stable activities are scheduled at regular intervals to provide a well-rounded experience for our participants, and will be offered during very hot, cold, or inclement weather. Sessions are usually forty-five minutes in length, starting on the hour, and usually serve a small group of riders. A typical visit may involve 30 minutes of riding and 15 minutes of unmounted activities.

If you are late, and other riders in your group are already in the arena, you may watch, but will not be able to participate. You may choose to stay to watch the riding activity; please be courteous and save conversation with your child or staff until afterwards, to avoid distracting the staff or riders. Children must be directly supervised by an adult, for their own safety and the safety of our riders. Children should not run or to play upon the equipment, or next to the arena fence line. Children and accompanying adults should sit on the benches in the viewing area. Dogs must be leashed and are not allowed in the barns.

Each rider must wear a helmet when mounted. We offer a helmet for use the first two months; after that time, please purchase one (available at on-grounds tack shop). We suggest hard-soled boots with a heel rather than tennis shoes, to provide ankle support and better placement of the foot in the stirrup. We suggest each rider bring a water bottle, also, and layer clothing for changes in temperature.

DO NOT bring food for the horses – their usefulness for the program depends on you following this rule. Feeding them encourages horses to nibble or even bite our riders and volunteers.

Cancellations/Payment

As a courtesy, please call your instructor or therapist in as far in advance as possible when you will not be able to show up for a lesson. Do not call the Chastain office; your instructor or therapist will give you a personal number to call. In the case of severe weather, the program's lesson information at 404-252-4244, ext. 50 may include a message about cancellations. (It will not allow you to leave a message.)

Chastain Horse Park partners with various independent contractors to provide services, so fees and cancellation policies may vary. However, your enrollment obligates you to pay in advance for the upcoming month, and reserves your time slot each week. Late fees may be instituted if payments are received after the stated deadlines. If you drop enrollment for a period of time, your slot may be offered to another participant, unless you continue payments to retain the time slot during your absence. Fees may be credited if an instructor is unavailable due to illness or an unforeseen circumstance, but are not reimbursed in the event of participant cancellation.

Fees are paid either to Chastain Horse Park, or to your instructor's business. Some independent instructors accept or require credit card payments; at this time the Chastain Horse Park office does not accept credit card payments. Checks to Chastain Horse Park are to be handed directly to the instructor prior to the first lesson and by the first of the month in following months; do not send checks to the office. If paying by check, write "Therapeutic Program" or "TP" on the memo line of your check to ensure your account is credited correctly. Chastain Horse Park assesses a \$31 fee for returned checks.

I have read the information above and agree to abide by the above policies:

(Participant or parent/guardian if under the age of eighteen)

Written agreements can seem cold and impersonal, but we at Chastain's Therapeutic Program are not. Our policies help to keep our riders safe, our costs down, and the quality of our program up. We are thankful for the privilege of working with you, and look forward to getting to know you - you are very important to us!



Chastain Horse Park Directions

FROM NORTH of ATLANTA:

Traveling I-85 South: Take **I-285 West** (Chattanooga/Birmingham). Then take **Roswell Road** and follow directions below.

Traveling on north section of I-285: Take the **Roswell Road** exit, heading south of the I-285 perimeter at the end of the exit ramp. Stay on Roswell Road approximately 3 miles, then take a right on **West Wieuca Road** (at Avril's Car Wash). Stay on West Wieuca Road until it dead-ends into **Powers Ferry Road**, then turn right onto Powers Ferry. You will see our clubhouse on the right; drive past the arena and clubhouse to our drive and parking lot in front of the Chastain Horse Park clubhouse, #4371 Powers Ferry Road.

Traveling 400 South (toll road): Take **Lenox Road** exit. At end of exit ramp, turn right. At 2nd stoplight, turn right onto **Piedmont Rd (237)**. Turn right onto **Roswell Rd (9/19)**. Look for **Powers Ferry Road** almost immediately on left. Take Powers Ferry Road. Go straight through the three way stop at West Wieuca (you will see Horse Park Clubhouse and jumping arena on right past the stop); drive past the arena and clubhouse to our drive and parking lot in front of the Chastain Horse Park clubhouse, #4371 Powers Ferry Road.

Traveling I-75 South: Take the **West Paces Ferry Road** exit. At the bottom of the ramp, turn left, staying in the middle lane. Continue on West Paces Ferry, then take a left onto **Northside Drive**. Continue on Northside Drive, then take a right onto **Hillside Drive**. This is a residential neighborhood. Follow Hillside Drive until it dead ends into Powers Ferry Road, then turn left on **Powers Ferry Road** and go through the three way stop. You will see our Clubhouse on the right. Drive past the clubhouse and arena, and turn into the parking lot on the right at 4371 Powers Ferry Road.

FROM SOUTH of ATLANTA

Traveling I-75/85North:

Take **I-75North** when interstate splits. Take exit 256 at **Mount Paran Rd**, exiting to right at end of ramp. This is a residential neighborhood. Go approximately 2 miles east on Mount Paran. (Cross through 2 stop lights). Cross through first stop sign at intersection with Northside. At 2nd stop sign, turn right onto **Jett Road**. Follow Jett Road until the road stops. Cross street into our parking lot in front of the Chastain Horse Park clubhouse.

OR

Take the **GA-400 N** exit, exit number 87. Then take the **GA-141/LENOX RD** exit, exit number 2, towards Buckhead. Keep left at the fork in the ramp. Merge onto GA-141 Conn /Lenox Rd NE to the left. At "dead end" light, turn right onto Piedmont Rd NE/GA-237. Turn right onto Roswell Rd /US-19/GA-9. Look for Powers Ferry Rd almost immediately on left, and turn left. Follow Powers Ferry Road through the three way stop. You will see our Clubhouse on the right. Drive past the clubhouse and arena, and turn into the parking lot on the right at 4371 Powers Ferry Road.

For "mapquest" directions door-to-door from your address, go to www.chastainhorsepark.org and click on the "contact us" tab.